

# JANUARY 2015 MIDDLE AND HIGH SCHOOL MENU

## WE PROUDLY SERVE BREAKFAST EVERY DAY

Each entree is served with Fruit, 100% Fruit Juice and Milk.

\*BeneFIT Bar offered daily: Apple Cinnamon and Banana Chocolate Chunk

**MONDAY** French Toast Sticks **or** Apple Jacks and Cheese Stick **or** BeneFIT Bar

**TUESDAY** Chicken Biscuit **or** Trix Cereal and Cheese Stick **or** BeneFIT Bar

**WEDNESDAY** Egg and Cheese Bagel **or** Honey Nut Cheerios and Cheese Stick **or** BeneFIT Bar

**THURSDAY** Cinnamon Apple or Cranberry Orange Scone with yogurt **or**  
Apple Cinnamon Cheerios and Cheese Stick **or** BeneFIT Bar

**FRIDAY** New! Sausage Breakfast Sandwich™ **or**  
Cinnamon Toast Crunch and Cheese Stick **or** BeneFIT Bar

## BUILD A MEAL FOR LUNCH (FAVORITES AVAILABLE DAILY)



### SPECIALTY SALAD MEAL

Freshly prepared salads topped with flavorful meats and cheeses (Vegan options available)



### YOGURT PARFAIT MEAL

Yoplait® yogurt with fruit topped with homemade granola



### GIANNI'S™ PIZZA MEAL

Oven fresh Gianni's pizza slice (cheese, pepperoni™ or specialty)



### CHICKEN SANDWICH MEAL

Grilled or crispy chicken sandwich with your choice of toppings



### SUB SANDWICH MEAL

Toasted sub or new flatbread sandwich

FRESH FOR YOU SELECTIONS include a variety of seasonal fruit, vegetables and side salads | Drinks: Apple & Eve® Fruit Juice, T.G. Lee® Low-Fat Milk, Tru Moo™ Chocolate Milk

## FEATURED MEAL OF THE DAY INCLUDES FRESH FOR YOU SELECTIONS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5</b> <b>NO SCHOOL</b> (SCHOOL BEGINS 1/6)	<b>6</b> <b>Smokie Grill® Burger</b> Lettuce and Tomato French Fries	<b>7</b> <b>Tacos</b> Choice of Toppings Black Beans	<b>8</b> <b>New! General Tso Chicken</b> Rice Broccoli	<b>9</b> <b>Chicken Nuggets</b> Mashed Potatoes and Gravy Dinner Roll
<b>12</b> <b>Smokie Grill® Burger</b> Lettuce and Tomato French Fries	<b>13</b> <b>Teriyaki Chicken</b> Over Rice Broccoli	<b>14</b> <b>Nachos</b> Choice of Toppings Refried Beans	<b>15</b> <b>BBQ Chicken</b> Cole Slaw Biscuit	<b>16</b> <b>Chicken Nuggets</b> Mashed Potatoes and Gravy Dinner Roll
<b>19</b> MARTIN LUTHER KING JR DAY	<b>20</b> <b>Smokie Grill® Burger</b> Lettuce and Tomato French Fries	<b>21</b> <b>Baked Ziti</b> Garlic Breadstick Broccoli	<b>22</b> <b>Chicken Nuggets</b> Mashed Potatoes and Gravy Dinner Roll	<b>23</b> <b>Chicken Fajitas</b> Choice of Toppings Black Beans
<b>26</b> <b>Smokie Grill® Burger</b> Lettuce and Tomato French Fries	<b>27</b> <b>Spaghetti &amp; Meatballs</b> Broccoli Garlic Breadstick	<b>28</b> <b>Chicken Nuggets</b> Mashed Potatoes and Gravy Dinner Roll	<b>29</b> <b>Beef or Chicken Stuffed Burrito</b> Refried Beans	<b>30</b> <b>Sweet Asian Chicken</b> Over Rice Oriental Vegetables



**BREAKFAST \$1.50 | LUNCH \$2.75**  
 Menu is subject to change. 🐷 = Contains Pork

Menus including Ala Carte  
 Menu available online at  
[scpsmenu.com](http://scpsmenu.com)



Pay for breakfast and lunch at  
[mylunchmoney.com](http://mylunchmoney.com)