Leading the Way Toward Healthier Youth

With much of the national attention and media directed on schools to provide ‘healthy’ school foods to students, Seminole County Public Schools Food Services is aiming to direct more traffic to their vegetarian offerings. They have always offered many meatless offerings at all grades, but this school year at their secondary schools, they want to set their meatless selections apart by having a separate line for these foods. This will make it easier for students to purchase more salads and meatless foods.

On the meatless line, they will offer cheese pizza, vegetarian hoagies, Smucker’s® Uncrustables®, fresh salads, baked pasta and seasonal favorites such as grilled cheese and soup. Salads have been reformulated and repackaged to be more appealing to students. They offer fresh fruit with every Value Meal.

Food Services is also implementing the Institute of Medicine (IOM) recommendations regarding appropriate nutrition standards for foods at all elementary schools in response to the ever-increasing obesity epidemic among school aged children. The elementary snack program is completely redesigned with a focus on appropriate, healthy treats for our elementary students. As in years past, the program will remain one of parental control.

Dan Andrews, Director of Food Services for Seminole County Schools, states his motto for his department is “we are not just school lunch.” The Food Services Department is constantly seeking new foods and new ways to get students to eat healthier and keep up with the latest food industry trends.

The goal of the Food Services Department is to provide high-quality, nutritious and tasty meals that students enjoy and their parents can trust. We want to keep parents informed with the latest foods and meals we offer at their child’s school. Our website has information for all grade levels. Parents can access information on our home page at www.scps.k12.fl.us. Click on lunch menus.

For more information, please contact the Food Services Office @ 407-320-0222.
We welcome input from our customers. 
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